



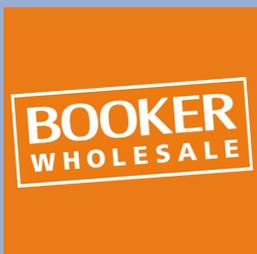
Working in partnership:



With thanks to funding from:



Supported by:



Introduction

The Community Kitchen was initiated on 25th March as a direct response to the pandemic and how the most vulnerable people are having to self-isolate or shield at the advice of the government. We brought together disAbility Cornwall & IoS (a charity), Hayle Rugby Club (sports facility) and the Cornish Oven (a private business) through existing personal and professional relationships with our staff.

disAbility Cornwall had the insight of need and vulnerability, knowledge and networks and three members of staff who work on this project, the Rugby Club provide their steward, kitchen and function room and have networks for goods contributions and people who were willing to volunteer, the Cornish Oven have contributed over 1,000 pasties free, to date.

Our chef is highly qualified and is essential to us ensuring the right balance of fat and protein in meals, particularly important for this client group as well as health, safety and hygiene.

The administration is considerable, with our DIAL frontline service acting not only in an information, advice & support role but also as a referral point for beneficiaries, and the core staff compiling a database and organising routes for our 19 volunteer drivers, 'our community heroes', overseeing distribution of meals all over West Cornwall.

They are given staggered collection times to ensure social distancing, we provide gloves, anti-bac and delivery addresses and routes. They also undertake extra tasks for the people they have met through this, such as shopping and prescription collection.

Together we have become a force for good and showcase community spirit at its best. What started off as delivering to 30+ people has now grown to over 300 people in under a month and it continues to grow weekly. It has become a significant project and operation. Our beneficiaries receive a minimum each week of a pasty, a stew, a soup plus two nutritious cakes.

Many other small local businesses are also contributing, whether giving their time to bake cakes, with ourselves just paying for the ingredients, or donating all kinds of contributions such as delivery bags, and many goods which we are able to give to people along with their meals, such as, farm eggs, Easter eggs, seeds, veggies and pictures from local children. This has really lifted people, making them feel connected, supported and helped to improve mental health and wellbeing overall.

The people we support are truly the most vulnerable in society at this time and are incredibly grateful for our support and our community heroes have been incredible. They are often the only person someone sees in a week and are able to make sure people are keeping well and call in support if needed.

We are delighted to be able to provide this Community Kitchen and are thankful to the Cornwall Community Foundation and Cornwall Council for financial support. Without it we would not have been able to deliver this essential service during these truly difficult times.

Jane Johnson
Chief Executive
disAbility Cornwall & Isles of Scilly

The ages and conditions of some of the people we are supporting:

COPD
73 years old

Wheelchair user

Disabled

Learning Disability
61 years old

83 years old

Severe asthma

Heart failure

Cancer

40 years old

MS

Elderly

87 years old

Memory loss

64 years old

70 years old

80 years old

Hearing loss

Vulnerable

65 years old

Shingles

Chemo patient

71 years old

76 years old

Bi-Polar



Some of the community kitchen team



disAbility Cornwall & IoS is 😊

feeling thankful.

27 Mar at 15:53 • 🌐

Thanks to the support of the **Cornwall Community Foundation** and **Cornwall Council** by way of a grant, our partnership offer of hot meals from our Community Kitchen for the most vulnerable people who are elderly, disabled or have health conditions is now FREE. Please share! Special thanks to our partners **The Cornish Oven Hayle Rugby Club**



Our social media posts:



Hayle Community Kitchen ...

8 Apr at 17:23 • 🌐

Welcome to our Community Kitchen, established in response to the pandemic. disAbility Cornwall & IoS, Hayle RFC & the Cornish Oven have joined forces to support the most vulnerable people in our community who are self isolating at this time. We deliver hot meals on Wednesdays & Saturdays plus with more contributions as we receive them from other generous local businesses & farmers. If you know someone who is vulnerable due to age or health condition, message us and we will add them to our list. ❤️ Thank you also to Riviere Cafe in Hayle, Lewy's Fish & Chips in Hayle, Becks Fish & Chips, Trevithick School, Country Skittles, Bookers Hayle, Riviera Produce Farm, our wonderful chef, Leighton and to all our great volunteers who help us deliver the meals. **#wearehumanity #bekind**



Hayle Community Kitchen ...

8 Apr at 17:55 • 🌐

Today we were humbled at the wonderful response from 230 incredibly appreciative people who we delivered a hot Cornish Oven pasty to, from penzance to Camborne and everywhere in between!

If any businesses out there would like to donate any unused stock, veggies from farmers for saturdays stew, or containers we can use for distribution we would be very grateful as our bookings are increasing significantly each day. Thank you ❤️



Hayle Community Kitchen ...

11 Apr at 13:53 • 🌐

Sadly one of our wonderful volunteer drivers found one of the people we deliver to in a very unwell condition today and called the emergency services. It is another reason for needing to be in contact with the most vulnerable in our society at this time. Please check on your neighbours and make sure they are ok, especially if they live alone. Thank you



Some feedback from the people we are supporting:

Many thanks to you, your suppliers and all your many volunteers.

Keep safe.

God bless you all

xx

The cottage pie was so comforting, it was a little box of love.

[Directed to our chef] Well done bro. Keep up the good work as proud of you and your help along with everyone else involved.

A brilliant service, well done to everyone involved.

A big thank you.

Marvellous!

You guys are so wonderful. I was not expecting anything as I'm tube fed but it helped so much by feeding my little girl, I did share it. Omg pasty was amazing, really enjoyed, thank you so so much xxxxx

We cannot praise you enough for this wonderful job you do.

Thank you for what you are doing. My mum was thrilled to get her treats with her lunch.

I'm so grateful for my. It bits made me cry, how some people can be so caring xxxx

I'm so thankful that somebody cared to do this for me, brought tears to eyes...you guys are one in a million xx

Well done Hayle Community Kitchen. Thank you for all that you are doing. I hope the person in need of emergency care gets better soon.



To everyone at Disability Cornwall & IoS
Would like to thank you all for the
wonderful service you are giving to the
community in Hayle and the surrounding
areas.

Take care of yourselves and stay safe.
God bless you all.

I'm so grateful
for my delivery,
it helped so
much to feed my
daughter and me.
I'm so thankful
that somebody
cared to do this
for me, brought
tears to eyes.

To everyone
concerned
Thank you one
and all for the
wonderful work
you are doing in
dealing with this
crisis.
Thanks again.



To all of you
Just a small
"thank you". May
life bring you a
reflection of the
kindness you
all are showing
others.

Thank you all
for what you are
doing for me.
Love and respect
xxxxxxxxxx

How absolutely
fantastic are
the individuals
and businesses
who stepped up
to support this
venture. How
very humbling
to know that so
many people in our
community have
virtual arms around
them because
others care!



Our chef's time
12+ hours per
week

Our team's combined admin time
50+ hours per
week



Hayle Community Kitchen

15 Apr at 16:42 • 🌐



Another humbling day for the Hayle Community Kitchen with a very appreciative 280 people.

Today we provided a hot pasty, soups, cake, and even Easter eggs to each wonderful person.

We would like to say a huge thank you to **Morrison's Penzance** for kindly donating 300 Easter eggs to us, the **The Cornish Oven** for the ansome pasties, and **Cornish Cake Pixies** for the delicious cakes.

Another thank you to the extremely thoughtful **Lucy Kemp Jewellery** for gifting jewellery to all of our kitchen team! Beautiful pieces. (You simply **MUST** check out her amazing jewelry creations!)

Also thank you to Mr & Mrs Hosking for sewing masks for each of our volunteer delivery drivers. We are extremely lucky to have such a brilliant and caring team of drivers, you are all fantastic.

What a wonderful community we share. Together we are stronger.

Mum and her friends were delighted with their pasties and treats today! You're doing such an amazing job at a very difficult time. Thank you everybody involved, you are amazing x

It's very kind of you, I would love anything with some meat please very much appreciated take care.

Well done. You are all doing an amazing job. Thank you to you all xxxxxx

I live alone and I've not had an Easter egg in years and years, what a lovely surprise.

Hayle is a wonderful caring town always so generous and come together always when there is a need.

My mum was chuffed to bits with her pasty, soup & Easter egg today!

You are brilliant.

Just a line to thank you and your team for the lovely food – the pasty today was delicious and the Easter egg was much appreciated. You are also helping my brother and he sends his thanks to you all. Thank you very much.

Aw thank you so much. I wish I could help them [referring to the person's neighbours] more right now as things are so sad for them. I know they will appreciate it so much. Thank you and I will be watching out to see if I can help in any way xx

My daughter was so delighted with her food delivery today. I can't thank you enough. A reason I am especially grateful (and my daughter) is that my youngest daughter died at 31, before Christmas. I am not able to help much as I am broken and afraid of losing the others X





Hayle Community Kitchen

15 Apr at 20:06 • 🌐

Thank you to Chartwells for their donation of potatoes and margarine! That will certainly help our chef and baker's cook up some fine food and treats.



Hayle Community Kitchen

Yesterday at 15:39 • 🌐

A huge thank you to **Café Riviere** for making us 200 wonderful and tasty cupcakes for our Community Kitchen clients today. They looked fantastic and were thoroughly enjoyed!



Hayle Community Kitchen

Yesterday at 17:40 • 🌐

Thank you to **Lewy's Fish and Chips** for providing us with 500 bags for us to transport the meals safely to the doors of our clients. After our bag order got delayed, Lewy's were right there to support us. Thank you!



Lewy's Fish and Chips

No problem! Happy to help 😊

1d Love Reply



Hayle Community Kitchen

Yesterday at 17:35 • 🌐

A big thank you to the **Carbis Bay Hotel** and **The Gannet Inn** for not only lending us kitchen equipment, allowing us to cook hundreds more meals each week, but also for lending us one of your phenomenal chefs to make sure our food is nutritious and tasty. We are very grateful.

I would like to pass on my sincere, huge thank you, for the delicious pasty Wednesday, and the lunch Saturday. That has got to be the best meal I have eaten in ages, and the bun went down a treat with a cup of tea. So, once again a huge thank you to chefs, all helpers, and those that deliver! The meal was still hot. I hope I will get the chance to say a personal thank you. Keep up the fantastic work the wonderful community xxx

To you all, very much appreciated for the meals and all you do in these awful times, take care.

I haven't eaten for a week and have been living off packets of crisps. Thank you so much.

Well done guys.

That has made my day, it has brought me to tears, thank you so much.

My delivery driver is such a sweetie! He always has a smile! Highlight of my day.

Thank you so much, mum is 87 and had her kidney removed last November, she suffers very bad anxiety and it's very stressful at times. You are providing a fantastic service! Thank you.

To you all
Very much appreciated for the meals and all you do, in these awful times.
Take care.

[Directed to our chef] Amazing. Glad all those hungry mouths got fed in these dire times!

Wonderful again thanks very much mum looks forward to Wednesday and Saturday.

Thank you in my time of need for doing some shopping for me and delivering some lunch for me today.



Our (76x) volunteers' combined time

48+ hours per week

Area covered

From Illogan Highway to Penzance, radius of 20 miles

Thank you to all involved with my goodies today. I'm so thrilled to get a birthday card for Tuesday, I'm still trying to work out how you knew! I must say my most precious thing though was my beautiful rainbow picture from the very talented Millie age 4. Thank you so much Millie, I will treasure it forever! I'm going to put it in my window and when this is over I will frame it, bless her heart. Thank you for everything, stay safe xxx



Hi this is Cerys, Amy [...]’s little girl. I just want to say thank you so much, I loved it. I was really looking forward to it and when Helen dropped it off it smelled nice and taste so good I ate it all, thank you very much you’re all so kind.

I really thank you all for the wonderful job you are all doing.

A big THANK YOU to you all – the meals are very much appreciated.

Thank you so so so much!
What you do honestly is so amazing!

Thank you to each and everyone of you for what you are doing...thinking of a pasty on a Wednesday gives me something to look forward to. I'm 60 on Tuesday so will be a whole year older the next time I have a pasty! By the way, thank you soooo much for the eggs on Saturday! I live on eggs normally but it's been impossible to get any for so long. I'm a fiend for poached eggs so they were put to good use. Thank you once again you lovely people!

You made the day for an elderly lady I shop for. Thank you for all you are doing.





Once again, another delicious pasty with cake for sweet. A lovely Easter surprise, Easter egg and soup. Congratulations to you all, very much appreciated.

Priceless service,
thank you xx

Legends
<3

Thank you so much for my goodies today. It really helps to lift my spirits when I see the kindness of you all. Thank you all for all that you do, I really appreciate it x

Thank you so much for the lunch which you have just dropped off, it was a great surprise to get it. I have not been out for five weeks now, since having half of my lung removed and fighting cancer, on doctor's orders.

My dad just got out of Treliske yesterday following a double transfusion and he's getting better. Both my parents are thrilled with the deliveries you provide, they actually get quite excited! They love the pasty and the soup, thank you so so much.

Dear all,
Thank you so much for this marvellous delivery service you are so kindly providing for us.
Thank you.



A comment from one of volunteers:

So proud to be able to help out with this. Some of the people I drop off to are so happy to see me. They must be so lonely if they are looking forward to seeing me! A big well done to everyone who's involved and to all the people donating stuff to keep this going. Stay safe everyone.