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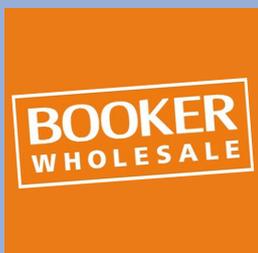


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## Introduction:

This report features phase two of our Hayle Community Kitchen, originally initiated on 25 March 2020 as a direct response to the pandemic and to support the most vulnerable people in our community during 'lockdown'.

The kitchen has gone from strength to strength, continually increasing the amount of people we support to a present number of 501 people, receiving 3 meals a week plus 'extras' donated by other businesses.

We pay enormous thanks to our funders who have made this possible: the Cornwall Community Foundation, Cornwall Council and the Masonic Charitable Foundation. Without their financial support, this vital lifeline for so many people could not have happened.

We are incredibly grateful to our partners, Hayle Rugby Football Club who have provided staff, volunteers and facilities, and the Cornish Oven for providing an incredible 3,582 pasties to date.

The businesses, large and small who have contributed, have been integral to this offer and have kindly donated many items which all served to add considerable value and uplift the spirits of our beneficiaries. The wonderful touch of a flag on top of cakes on VE day, the beautiful felt hearts to display and the amazing pictures from local children have finessed this service and truly shown people feel they are cared for.

All of this could still only be achieved because of a team of truly wonderful, community spirited and caring people – our 20 Community Heroes! These volunteers have arrived twice a week for their CK duty and have kindly undertaken deliveries across West Cornwall. The feedback from our beneficiaries illustrates how they have been valued, always arriving with a smile, a wave, a chat where needed, respectful of social distance boundaries, and have often been the only person to have seen our customer that week. They have been described as a lifeline, angels, a godsend and a hero to the people who have told us what this service has meant to them.

Through their commitment, they have been able to identify when people have needed more support, have been unwell, have called medical services when required and referred back for us to follow up on a person's well-being. This has been the wonderful thing about the CK, the community looking after their own.

We truly cannot thank everyone enough and we are sure, when history looks back on this critical time of our lives and the lessons learnt, Hayle will be proud of its community spirit and what, by pulling together, it managed to achieve.

I know I speak on behalf of all the staff and board members of both disAbility Cornwall & IoS and the Hayle RFC, when I say how proud we are to have been involved with this and to thank you all from the bottom of our hearts. We also hope the legacy of the Community Kitchen will be a stronger, more vibrant, caring community who are more in touch with each other than we have been in a long time.

Together we can continue to look out for our most vulnerable neighbours and support our local businesses, who have been there for us when we needed them.

Jane Johnson  
Chief Executive  
disAbility Cornwall & Isles of Scilly

## A comment from our Chair:

What a lovely report and to have the comments from so many thankful people is really heart-warming. I know personally from many residents in Connor Downs how much they appreciate their pasties and having had a couple myself I can understand as they are really good.

I am also pleased that you have received donations and grants. I know that the service is worth every penny but smiling people bringing food to residents' doors is worth millions. Pass on my sincere thanks to everyone concerned. Much love, Chris.

- Mrs Christine Simpson, Chair, disAbility Cornwall & Isles of Scilly

## A huge thank you to our community heroes who have so kindly volunteered to make the Community Kitchen achieve what it has:

Amanda & Molly; Bry;  
Chloe, Sam & Connor; Dave & Linda;  
Declan; Derek & Sian; Gemma; Heidi;  
Helen, Elle & Billy; Josh; Karen;  
Keith & Jack; Lewis & Elliot; Mark;  
Martin & Cerys; Mickey; Sharon;  
and a special mention to  
our fantastic Chef,  
Scott.



We have delivered **9,412 pasties, hot meals and tubs of soup.**

Our community heroes have **knocked on a front door 4,582 times.**

We have provided **food and support to 493 households.**

We have provided **6,163 portions of cake** to the individuals we deliver to.

Fabulous work by kind-hearted caring people making a huge contribution to our most vulnerable, very proud to say they belong to our community 🤝❤️👍

disAbility Cornwall, wonderful, can't do enough for you and this extends to their delivery drivers and helpers. I look forward to seeing them on Weds and Sats. Always have time for a friendly chat, very special people. The meals provided are very tasty, many thanks to dC for this superb service. What would we do without them?

'Care in the community' has often been a misused term in practical and care circles but there with the meal service twice a week, it has not only brought the wider community together but has made us aware of how connected all we all are and given a sense of being cared for in the community. Vulnerable, isolated people in rural communities with poor or no bus service at any time, not just Covid, need practical support and to maintain emotional contact with others that care and help, they have done that and they have the best volunteers.



**Hayle Community Kitchen** added 5 new photos.

24 Apr at 17:16



We are delighted to have the support of Morrison's Penzance for a wonderful supply of all kinds of goods, which our Community Heroes have been able to distribute to our wonderful clients. What started with a lovely chocolate Easter Egg, which put a smile on many faces, was followed by everything from Tea, Pasta and Salmon! Thank you **Morrison's** YOU ARE AMAZING.

Just wanted to let you know that I received my first free meal today (Sat). I had completely forgotten it was being delivered, so it came as a lovely surprise. I was so very touched at the two little personal additions, an enclosed decorative, felt heart, plus a small Union Jack flag on top of the dessert. Who ever thought that little idea up, is very special indeed, it really raised my spirits and I'm sure it does the same for many others. So, congratulations all round, and thank you SO much Mike, for telling me about the scheme/support, it's an invaluable resource during these difficult times.



During this time of Covid-19 you have been a spectacular lifeline to me, the food has been a godsend but just as important is the time you've given up to help people like me who cannot go out. It's been good to see a friendly face and know I can have a decent meal and someone to talk to. Not only do you deliver but you are genuinely concerned for my welfare, nothing is too much trouble (my heroes).

I'm sorry I was a bit incoherent but I know you understood how grateful we are that you took the time to listen and talk to us because we've not had any support, apart from our friend who does the shopping and family over the internet and phone. To think we are going to have something delivered to us is amazing!

The meals are a lifesaver when you can't get out and they are delicious!

I just had to say how wonderful disAbility Cornwall are. It is so nice to hear what they are doing. Help like this is so much better than the government trying to organise volunteers.



### Hayle Community Kitchen

24 Apr at 17:17 · 🌐

👍❤️ 31

Thank you to the wonderful **Hayle Plants**. We cannot tell you how much we appreciate having lovely fresh herbs to go in our pork and apple casserole tomorrow. Our clients are going to love it! **YOU ARE AMAZING.**



It's a pleasure... You are amazing too!



### Hayle Community Kitchen

25 Apr at 20:47 · 🌐

👍❤️😮 46

Another fantastic day for the Hayle Community Kitchen, thanks to Wendy & the grants team at **Cornwall Community Foundation** and to **Cornwall Council** we have secured funding to continue to look after our most vulnerable citizens for another two months!

Today we served over 300 wonderful clients thanks to our truly awesome team of Community Heroes who delivered a hearty pork, leek and apple casserole with roasted new potatoes and cake thanks to Café Riviere and the **Cornish Cake Pixies**.

The feedback we have received is truly heartening, including how enjoyed the children's pictures were, that were kindly drawn for our clients by some very talented children.

What a team, and what a community to be proud of, thank you so much to everyone involved.

#BeKind #WeAreHumanity #StrongerTogether



## Hayle Community Kitchen

25 Apr at 20:56 • 🌐



A big-hearted thank you to the most generous Event Services who have provided us with an additional cooker (turns out one massive oven with six rings wasn't enough!). This was provided in addition to a variety of kitchen equipment and utensils, not least a commercial stick blender, which will make our lives so much easier in the kitchen. Thank goodness you are still open during these difficult times, otherwise we would not have been able to take on new clients who are very much in need of our support at this difficult time.

YOU ARE AMAZING.

I would like to thank everyone involved with the Community Kitchen for the service they have given. Since being in lockdown I have been receiving meals twice weekly which are excellent. It's given me something to look forward to and the volunteer drivers are always friendly and helpful. It's amazing what's been done. I would like to say a big thank you to all who have made this possible, the volunteers and all the businesses who have donated, not just food, but flower seeds and other little goodies. Being in lockdown, these kindnesses have helped to keep us sane. A big thank you to all involved, you are doing a wonderful job, you deserve a medal.



## Hayle Community Kitchen added

48 new photos.

29 Apr at 18:00 • 🌐



Wednesdays is pasty, soup, cake & extras day at the kitchen and what a day it was, with over 400 deliveries! Thank you so much to everyone involved, especially our Community Heroes who deliver them, we couldn't do it without you! We thought you might like to see our operation in action through a few photos, and not least some of our very appreciative customers. What a team effort and what an amazing community Hayle has, thanks everyone! ❤️

**#wearehumanity #bekind #strongertogether**

Thanks to funding from **Cornwall Council & Cornwall Community Foundation** and a special one to Giles **The Cornish Oven** for the awesome pasties!

Many, many thanks to the dC team, you are all lovely, friendly, caring people and you should all be very proud of yourselves. The food is greatly appreciated, your volunteers are happy, helpful people and so considerate of self-distancing. You are all a great team, keep up the good work.

Thank you for your hard work, and for how you're helping people like me.

A fantastic effort by you all and it is so much appreciated by us oldies. THANK YOU, pasties are "ansome".

Well done everyone involved! You are doing a grand job. 👍👏

You are doing a great, worthwhile job, I so look forward to my delivery, it cheers me up, and I see another human which for me is invaluable, keep it up if you can. Thank you all xxxxx

Thank you so much, my friend is appreciating her meals and it also reminds her what day it is! I write her out a weekly menu ideas card so that she has ideas, so the meals you provide are such a help. Wonderful 😊❤️

This initiative occurred so brilliantly and efficiently, providing a wonderful range to help us all in the community. The food drops are lifesaving. To know such kind people are at the end of a telephone is incredibly reassuring in these troubled times.

I have osteoporosis and osteoarthritis, I passed out and broke my wrist meaning I couldn't cook for myself. The doctor gave me your number so I could have something hot to eat. Thank you so much, with your help, it meant I didn't need to stay in hospital.

These people are all angels, giving up their time with their wonderful effort for complete strangers, just wonderful, all of them.





## Hayle Community Kitchen

4 May at 17:53 • 🌐

👍❤️😮 42

Dear Local Business Owners,

The Hayle Community Kitchen is now in its 6th week of operation and we are now providing over 1,200 meals per week to some of the most vulnerable people in our community, with help from the Cornish Oven, Cornish Cake Pixies, and now Hampson's of Hayle also, along with many others.

When we provide meals, it's great when we can also offer some extras, for example, Morrison's donated lots of foods that we were able to share out amongst people in need. The extra bits go really far in making people feel valued, connected, and thought of, this is so important right now as people are finding that they have not been provided with 'shielding' status by the government, which is impacting on their ability to access fresh foods through online shopping deliveries, and of course this just further compounds the issues of isolation and loneliness.

So far, we have received a variety of donated items including handmade soaps, farm eggs, homemade jams, jewellery, flower seeds, Easter eggs and even drawings from children. All of which have been so warmly welcomed.

If you produce any of the above, or anything else that would bring a smile to the faces of the people who we are delivering to, then please do send us a private message or comment below. We will of course promote your business throughout our networks, social media coverage and subsequent promotional materials.

We currently cover St.Ives, Carbis Bay, Canonstown, Ludgvan, Goldsithney, Penzance, St Erth, Leedstown, Reawla, Wall, Carnhell Green, Camborne, Redruth, Hayle, and Connor Downs.

Thank you!

Thank you so much, my mum is so grateful and so am I. Mum is so happy to see someone and really appreciates receiving the fabulous food from you. She looks forward to Wednesdays and Saturdays. Thank you to all your team ❤️ x





I'm grateful for anything that comes through. I love the brief chats with my delivery driver. I must admit, I'm struggling with my disabilities but it would be unbearable without this lifeline. I couldn't wish a nicer person to deliver this to me; I struggle with strangers, but my young chap is so amenable (and he knows me), it's wonderful that I have the same one each week. Wednesday and Saturday are my highlights of the week ❤️

Wow 830 today! Such amazing work from everyone ❤️ Hayle doing the community proud once again and fantastic news on securing funding for the services to continue.

What you guys have done and continue to do is nothing short of phenomenal! I can't wait to come on board in the next couple of days and contribute to the success you've already had.  
- *one of our Community Heroes*

The food has really made a difference. Keep up the good work.



You're  
Awesome!

Well done everyone. God bless you all... You are so much appreciated. Thank you. 🙏❤️👏

Thank you so much for the stew and pasties. With my son's disability and lung problems and my own health issues, we are trying to stay at home. Your delivery of hot meals gives us all a real lift, thanks.



Hayle Community Kitchen is 😊 feeling thankful.

6 May at 17:03 • 🌐

👍❤️👤 124

What a day, another 830 meals delivered including good old Cornish Pasties and a hearty soup, along with delicious cakes and other foods. Thank you to our Community Heroes for delivering them and especially to Cerys' hubby and to Lewy for turning up for duty on their birthdays! Happy Birthday from us all at the CK.

A special note today as, due to a recommendation from a member of the Freemasons of Cornwall, we are grateful to have been awarded funding from the Masonic Charitable Foundation to support the CK in the weeks to come.

We very much appreciate this financial support and are incredibly grateful the valuable work of the CK has been recognised for this support.

The importance of our CK goes beyond food too, we are a community welfare checking service and a friendly face for the people we are here to support.

Thank you The Cornish Oven, **Hampsons Of Hayle** for cakes and to Danielle Roberts, to **Morrisons** for food to distribute, to **Bookers** for potatoes, carrots and onions for this weeks meal. You are all amazing.

#wearehumanity #strongertogether  
#haylecommunity

The Community Kitchen has been a valuable service for myself and also my neighbours. We have all been self-isolating since the beginning. It has been so lovely to receive the deliveries of pasties and hot meals, and also the fabulous extras. It really cheers me up, its also so nice to see the friendly, smiling face of the lady who delivers. I can see this service has been even more valuable to those very vulnerable people out there who don't see anybody from one day to day, week to week. dC has done a fantastic job in delivering and organising this service which has increased quickly. Thank you for this service, to us locals it was needed.



Well done, keep up the good work and stay safe.

You're all doing an amazing job, well done!! xx

Thank you to the people involved in the distribution of food parcels to elderly people who are self-isolating during the current pandemic. We are thinking of the people involved in the donation, collection, arranging, packaging and delivery of the food, in total, everyone concerned in the project from the initial telephone call to the man who delivered it who was so very pleasant. We were amazed at the contents of our parcel and would like to once again say thank you.

Well done what a wonderful team, I commend you all. Stay safe and keep up your hard work.

Thanks to all of your team at Hayle for the hot meals that we have received from you, greatly appreciated by my wife and myself.

You have always been there for me and my family whenever I have ever had a question or needed advice. Life with a disabled child is often a battle and organisations like yours make me feel as though I am not alone. At the start of lockdown, you rallied the local community together to provide hot food to vulnerable people and families like mine who have to shield for 12 weeks. One of the understandable obsessions of lockdown life is food, and it lifts the morale when we receive a hot stew, soup and cake, it's all nutritious and so many kind people behind the scenes making it happen. We are so lucky to live in the Hayle area.

I feel truly blessed we are being helped by you, it felt someone actually cared to provide this service for us 'oldies' in self-isolation. Tremendous effort dC team, thank you.

You've helped me and my 89-year-old father who has COPD and I'm disabled. We can't get out so were really proud of these people for their help and support during this time for the kind service and willingness to help. Thank you much.



# Celebrating our youngest Community Hero, Jack:



**St Ives School**

7 May at 13:28 · 🌐

👍❤️ 133

While in lockdown, Jack in year 7 has been volunteering at Hayle Rugby Club where he usually plays. They have been working with the Community Kitchen organising meals to give to vulnerable people.

On top of his school work, Jack has been helping to bag up meals and wash dishes. Him and his dad then deliver the food, shopping and medicines to those that need them.

When asked about his volunteering, Jack said "It makes people really happy when they see us as they don't see many people. One lady was so pleased to see me she gave me an Easter egg. Last week all the volunteers managed to deliver 402 pasties!"

Thank you for your dedication to your local community Jack. We are all very proud of you.



**Hayle Community Kitchen**

7 May at 16:32 · 🌐

👍❤️ 53

Ah we love this, thank you for recognising Jack's brilliant contribution to the community at this difficult time St Ives School. He is a wonderful young man and a credit to his school, the Community Kitchen and his family. The people Jack and his Dad deliver to are delighted to see him and have a little chat. He is truly one of our Community Heroes ❤️

Jack is amazing, I'm so happy for him. x

Well done Jack and Jack's Dad!!!

Jack is a wonderful help to the Community Kitchen, well done. x  
- Sharon Wicks, Club Steward at Hayle RFC

Jack is one of the nicest young people I have met an absolute credit to his parents and a real asset to Hayle.



**Hayle Community Kitchen**

13 May at 19:13 · 🌐

👍❤️🥰 51

Nice one **Hampsons Of Hayle** you made Jack very happy today, baking him his very own delicious cake! How kind and thoughtful of you! #bekind #haylecommunity #strongertogether



**Lucy Kemp Jewellery is at Hayle RFC.**

13 May at 19:10 · Hayle · 🌐

👍❤️🥰 196

Proud mummy moment 😊 I am So proud of my little (giant) man Jack. During this covid outbreak the guys at @hayle.rfc and @disabilitycornwallandios having been running the Hayle community kitchen that supplies hot meals twice a week to the elderly and vulnerable around Hayle. Twice a week on Wednesdays and Saturdays. He's goes with my Hubby and helps. He does the dishes and helps distribute the meals around hayle. Today the guys at hampsons of hayle who supply cakes for the kitchen sent him up his very own thanking him for all that he's done. #proudmum #myboy #staysafe #lockdown @ Hayle RFC





A very big thank you to you all, my dad and his neighbours look forward to Wed and Sat. I put the heart in his window for him. Thank you all again.

Just wanted to say thank you for what you're doing. I've given your number to several people and they've all been delighted with the food and the chat! Well done.



Thank you so much once again, wonderful, caring and efficient service, you are all marvels.

To you all, very much appreciated for the meals and all you do in these awful times, take care.

Fantastic support from all companies and volunteers involved... thank you so much.

Can't thank you enough, my neighbour is very grateful for the meals you deliver to him xxx

You're all totally amazing, thank you. xxx

Thank you to the CK team for the food deliveries, they really make my day and break up the week, making me feel so much better!

Thank you so much for this marvellous delivery service you are so kindly providing for us. Thank you.

Thank you for my delicious, scrumptious meals and the lovely extras. You are all my heroes and heroines.

As a long time member of Hayle Rugby Club I am so proud that as a fantastic club we have been able to accommodate this incredible Community Kitchen and all its supporters in the unbelievable results they have and no doubt will continue to achieve. Well done everybody 🍑🍑🍑

Thank you for your wonderful service, I really hope you realise how much you are all appreciated. X

Thank you all for the lovely meals, and the work that goes in to them.

Amazing, keep up the good work all involved.

What an absolutely brilliant job you are all doing.

This is amazing, disAbility Cornwall are so incredible when it comes to adapting to the needs of the community. They don't miss a beat and quickly start to provide what is needed because they listen and think creatively. Thank you so much.

disAbility Cornwall is a wonderful charity and their volunteers are doing a fantastic job. I'm a beneficiary of their Community Kitchen and along with the meals they deliver, I am asked often about my welfare and if there is anything I want or need. The practical support and emotional help they offer is considerable, and I am in awe of their cheerful and friendly approach and dedication. They offer so much and our thanks can not be overestimated, they are all heroes.

The club is so proud to be part of the wonderful Community Kitchen. - *Hayle RFC*







Thank you for the little homemade heart today and the lovely VE day cakes, very thoughtful and touching. Also the stew was delicious as usual. Best wishes to all x



**Hayle Community Kitchen**

8 May at 17:07 • 🌐



The best way we can pay our thanks to the businesses who have supported our Community Kitchen is for us to buy / shop from them, as they start to re-open and into the future. Times are tough for us all, but small businesses could struggle to survive this.

Lewy has rumbled our spuds, donated bags and he is a Community Hero that delivers hot meals to our most vulnerable, teamed up with his bro Elliot. If you fancy some hot tasty fish n chips, please support Lewy's. **#wearehumanity #haylecommunity #strongertogether #shoplocal**



**The Cornish Sprinkles**

8 May at 18:14 • 🌐



Busy day at the bakery, providing gluten free and dairy free sweet treats for **Hayle Community Kitchen**, who are doing a fantastic job providing 1,200 meals per week for the most vulnerable people in our community.



Happy to help 😊 You're doing a fantastic job!



Hayle Community Kitchen added ...

37 new photos.

9 May at 14:49 · 🌐



We are thankful when the sun shines, it makes the delivery side so much easier and makes everyone smile. Over 400 delicious hotpots, with cakes and extras delivered to our lovely customers today.

Thanks to Chef, Scott through which we had the pleasure of a visit from his three lovely little children as mum Gemma is busy helping us too. It was also great to see Paul out undertaking his RFC duty cutting the grass.

Thank you to Julie for making us knitted straps that takes the pressure of our ears with the face masks and to Sharon & Bry for making felt hearts, which have been distributed, showing our care and love for our neighbours and our frontline NHS workers and carers. If you recieved one today, please hang it up in your window and share it with others.

They seem so fitting as there is so much love and community spirit in Hayle. Thank you and Happy Birthday to Lisa at Cornish Cake Pixies and to **The Cornish Sprinkles** for wonderful cakes and cookies and, as ever, to our Community Heroes who make it all possible



#wearehumanity #bekind #strongertogether #heartsofhayle



Thank you so much for our pasty, cake and soup, Cerys was over the moon. I hope all the jam last week was okay for you. So lovely to see Helen and Elle every week, it's nice to see such a happy pair. You're doing such an amazing job, we love you xx ❤️

I have stage 4 bowel cancer and have had two major operations. Thank you all for delivering meals to me, it's really helped with nutrition for me. You are doing a wonderful job looking after vulnerable people.

Amazing work guys.  
Well done.

Well done all of you,  
stay safe. xx

The work and support given by all levels of this charity means a lot to us OAPs on lockdown. This volunteer service is a lifeline, making sure all our needs are covered, hot meals, friendship and support. Thank you so much appreciated. God bless you all.

Due to Covid-19, I have been fortunate to receive meals from the Community Kitchen, delivered to my door by a young man who keeps his distance but awaits my response to his knock and gives me a friendly wave. Wonderful meals, with pasties, hot pot and soup, all offered at no charge due to the kindness of various organisations and individuals, presumably many are volunteers. I think it is wonderful that people give their time and effort to help support others they don't even know. It's a pleasure to receive the food but the brown paper bag it's delivered in is comparable to a Santa sack, I find other gifts: half a dozen eggs, a loaf of bread, fresh beans, a hand-crafted NHS rainbow, a little yellow heart made of felt, and on VE day, a tiny union jack on top of the cake. The surprise of the unexpected offerings is a gift in itself. My cup of appreciation runneth over, I thank you from the bottom of my heart.

You're doing a grand job, well done all. xx





**Hayle Community Kitchen**

23 May at 20:46 • 🌐



Something very special happened today. One of our lovely customers made this for Keith, the Community Hero who delivers their food, and one for son Jack too. Truly amazing and shows how much your support is appreciated. Thank you ❤️ #bekind #haylehero #haylecommunity #strongertogether



**Hayle Community Kitchen**

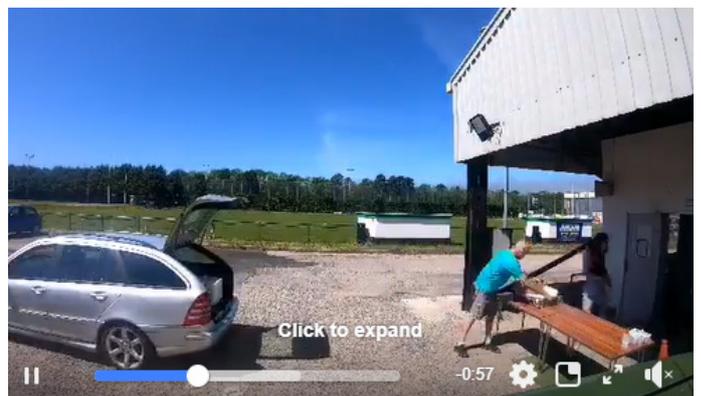
27 May at 19:12 • 🌐



Wow! Check this out for a Go-Pro time-lapse view of our wonderful CK in action (from the outside this time). Thanks to Keith for doing this for us. Shows how much time, energy, people & effort it truly takes to make the CK happen.

Thanks Community Heroes! ❤️

#bekind #haylecommunity #strongertogether #NationalDiversityAwards



This organisation has really stepped up to the mark to help disabled, vulnerable and elderly people since the beginning of lockdown. They have been a vital contact for lots of people in these extremely difficult times. They have grown from strength to strength with an ever-increasing band of volunteers. Everyone we have spoken to, either on the phone or in person has been cheerful, polite and reassuring. Serving Hayle and outlying communities has been a godsend to many as well as the helpline and chatline for those that need it. Well done disAbility Cornwall.

Thank you for my lovely pasty and goodies today. It's so lovely to see you and thank you for all that you are doing x

Well done to all the volunteers at Hayle Community Kitchen, you are doing a brilliant job! - Hayle Foodbank

Amazing, top effort everyone. Mum really looks forward to this twice a week, keep up the good work.



**Hayle Community Kitchen** added 6 new photos.

27 May at 19:52 • 🌐



A big thank you to Sharon Joslin for baking such beautiful treats for our Community Kitchen clients today. Sharon baked an assortment of teacakes, flapjacks, muffins, cake loaves and many more. They were very much enjoyed by all. **#strongertogether**  
**#wearehumanity**

Even though I'm alone, I don't feel it now as you deliver food twice a week always with a smile and cheers me up.

disAbility Cornwall is a well-organised, helpful organisation that not only provides a hot meal that's delivered by cheerful people twice a week, it provides support for all occasions, including a helpline to enable us who have difficulty in mobility to have our prescriptions collected or if we are wanting someone to talk to, they are there on the end of the phone to us. They also organised someone to do our shopping when needed. In these days of self-isolation, when we are far from friends and family, it's wonderful to know there are people in the community who care enough to help us and be there for us. It means so much to people like myself, I not only clap the NHS, but include disAbility Cornwall and thank them for all they do.

disAbility Cornwall have done a marvellous job, delivering meals to the people of Hayle and surrounding areas. We are a very rural area and I am self-isolating and see very few people. I am so grateful for the twice weekly meals, it's been a lifesaver. Not being able to get any slots for grocery delivery, I was able to eke out this food. Well done to you all, you deserve a reward for your efforts.

You have supported myself and my wife through this very distressing period. Life would have been even more difficult without you, thank you.

You are all angels and heroes, you saved me the worry of finding meals for two days a week. God bless you all and thank you.



You are wonderful and all doing a truly fantastic job 🙏❤️ thank you!

You are all doing amazing work. I hope that the Hayle Parish Council and the Mayor are recognising all of you and the amount of help you give hundreds of people. Well done one and all! 🙌🙌🙌

Well done to everyone involved. My mum receives this service and looks forward to it. Thank you. xx

It's a pleasure to help out, everybody is very friendly and grateful.  
- one of our Community Heroes

Total respect for all they do for disabled people and their carers, they are proactive with people who need support and in the community. Community Kitchen is wonderful, thanks to all involved.

Thank you for your help, especially at this time in 2020. Thanks to everyone involved with the Hayle Community Kitchen.

Very much appreciated for the meals and all you do in these awful times. Take care.

Just a short note to thank you all for providing us with meals at this very trying time.

We have been so lucky to have been given such a generous lifeline of food deliveries, particularly as it was impossible to order food online at the beginning of this crisis. We would like to offer our grateful feedback to disAbility Cornwall & Isles of Scilly for all their amazing help.

Thanks for all the hard work and your kindness, it certainly lifts my 80-year-old mother-in-law's spirits up and something for her to look forward to, cheers.



You are all doing a wonderful job, you should be really proud of yourselves. Hayle is really proud of you.

Thank you for my meals on Wednesdays and Saturdays, I really am grateful and appreciative of all you do for everybody. x

Sending a heartfelt thank you to all for the wonderful service you are providing; beautiful food and happy smiling people bringing it. We really appreciate it xx

You're the best! I wanted to let you know how much your hard work and dedication is appreciated.

To everyone at the Community Kitchen and Cornish Oven, thank you so much for my Wednesday and Saturday treats! Much appreciated.

You have provided a brilliant service delivering meals to vulnerable people and those in isolation since the Covid outbreak. I would like to thank everyone involved: the cook, people delivering the meals, the shops who have supplied the food and 'ansome pasty each week. I cannot thank you enough, it also brings the outside world in for a few minutes, seeing other people, it certainly helps to break up a very long day. Thank you to everyone who is involved in this wonderful service.

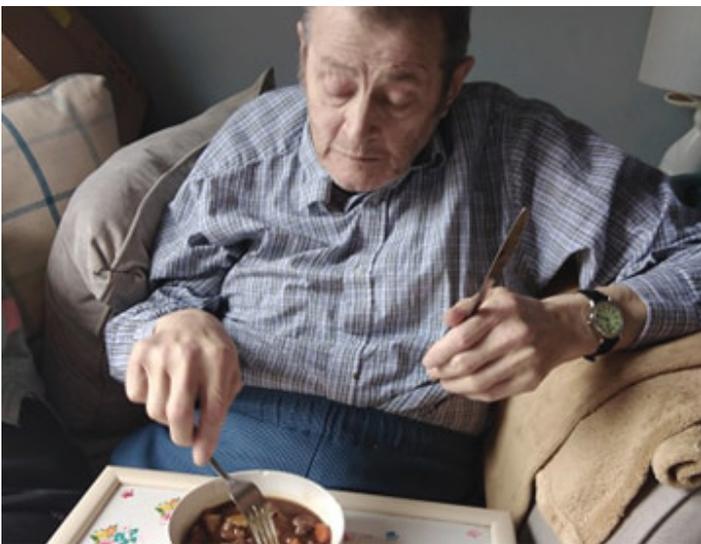
This wonderful organisation has banded together to bring a community together and provide support to vulnerable people with many people delivering meals to people around Hayle, very much appreciated. Unsung heroes!

That has made my day, it has brought me to tears, thank you so much.

You're amazeballs, and doing such a great service, well done all of you. 🍷😊👏



## A few of the lovely people we are delivering meals to:



## A poem, written for us by one of our customers:

### Food For Thought

Thank-you for the food,  
That you bring to our doors.  
It's a beacon of hope,  
And a whole lot more!  
It lifts up our fragile spirits,  
And it makes us really glad,  
Whereas Coronavirus,  
Leaves us worried, lonely, & sad...  
You distribute these meals,  
With kindness on each face,  
This IS such a thoughtful giving,  
And such amazing grace.  
So thank-you all again,  
We're sending praise back to the team,  
This is truly, manna from heaven,  
And such a wonderful scheme.....  
\*\*\*\*\*"God Bless You All."\*\*\*\*\*